

Hindi Vidya Prachar Samiti's EGE (AUTONOMOUS) RAMNIRANJAN JHUNJHUNWA

(Also known as R. J. College of Arts, Science & Commerce as per UGC Notification)

Affiliated to UNIVERSITY OF MUMBAI II Recognized by UGC under 2f & 12B NAAC Accredited 'A GRADE' with CGPA 3.50



# POSTGRADUATE DIPLOMA IN INDUSTRIAL SAFETY AND HYGIENE



Hindi Vidya Prachar Samiti was incepted on the auspicious day of Shri Krishna Janmashtami, 15th August 1938. A brain child of a visionary Late Shri Nandkishore Singh Jairamji, samiti was established with the objectives of catering to the educational needs of the Hindi speaking community. Ramniranjan Jhunjhunwala College came into existence in 1963, enabling a larger section of the society to take advantage of the facilities provided for higher education.

From 1999-2000 the College has added a number of self-financing courses like B.M.S., B.B.I., B.Sc. in Computer Science, Information Technology, Biotechnology, M.Sc. in Computer Science, Biotechnology and Information Technology as well as add on courses, which further hone the special skills of the students.

The college has been reaccredited with 'A' Grade by NAAC in 2014 with a CGPA 3.50 and received the Best College Award (2007-2008) of the University of Mumbai. The College has been bestowed with IMC "Ramkrishna Bajaj Performance Excellence Trophy", 2010.

The Principal of the college was awarded "Best Teacher" by Government of Maharashtra in 2011.

Government of Maharashtra conferred the college with "JAAGAR JAANIVANCHA" (First in Mumbai Suburban- in 2013 and Second in Mumbai Suburban- in 2014) for safety of girls.

Course Code: RJSPGDISH001

Duration: 1 Year

Credits: 48

REAMBLE

Industrial Safety and Hygiene is the discipline of evaluating, controlling, and preventing workplace hazards to protect the physical and mental health of workers. This includes general safety concerns and specific concerns relevant to the industry.

Industrial Hygiene is the prevention and control of hazards at the workplace. Industrial Hygienists use scientific methodology to monitor work environment, identify potential hazards and evaluate the level of hazards and to prevent or minimize these hazards. Industrial safety refers to the policies and plans that organizations that meet the challenges identified by industrial hygienists. This course emphasizes the job responsibilities of an Industrial hygienist, elaborates different workplace hazards, and discusses measures to control these hazards. The course is designed to develop skills and competences required for Industrial safety management.



This course is based on systematic teaching, learning and evaluation techniques. Quality based training and comprehensive coaching provided by experts from industries would fulfil following objectives:

- To develop skilled and competent human resources to manage complex industrial environment.
- To distinguish chemical, physical, biological and ergonometric hazards.
- To identify and evaluate different types of hazards and to learn hazard evaluation techniques.
- To learn strategies to prevent, minimize and control hazards.
- To monitor work environment and exposure to hazards.
- To understand Industrial safety standards and regulations.

# **PREAMBLE**

| PAPER | TITLE OF PAPER                                   | MAXIMU<br>M MARKS | MINIMUM<br>MARKS | Credits    | COURSE CODE  |
|-------|--|-------------------|------------------|------------|--------------|
| 1     | Introduction to Industrial Safety and Hygiene    | 100               | 50               | 8 Credits  | RJSPGDISH001 |
| II    | Industrial Toxicology                            | 100               | 50               | 8 Credits  | RJSPGDISH002 |
| III   | Industrial Hazards and their management          | 100               | 50               | 8 Credits  | RJSPGDISH003 |
| IV    | Accident prevention techniques                   | 100               | 50               | 8 Credits  | RJSPGDISH004 |
| V     | Safety Management Plan                           | 100               | 50               | 8 Credits  | RJSPGDISH005 |
| VI    | Industrial Safety Standards, Regulation and Laws | 100               | 50               | 8 Credits  | RJSPGDISH006 |
|       | TOTAL  | 600               | 300              | 48 Credits | Aula         |



#### Paper 1: Introduction to Industrial Safety and Hygiene

8 Credits

**UNIT- 1:** Overview of Industrial Safety and Hygiene, Ergonomics – Introduction to Industrial Safety and Hygiene, Careers in Industrial Safety and Hygiene,

**UNIT- 2:** Industrial Hygiene and Occupational Health Hazards - workplace hazards, physical and mechanical hazards

**UNIT- 3:** Industrial Safety and Hygiene Standards – overview and historical development,

**UNIT- 4:** Industrial Hazards, assessment of health risks, general approach to control health risks,

#### Paper 2: Industrial Toxicology

8 Credits

**UNIT- 1:** Physiology/Anatomy, Occupational Toxicology – Toxicology fundamentals, Biological hazards, chemical and material hazards, physical hazards, psychological hazards

**UNIT- 2:** Air pollutants in industries – Gases, vapors, solvents and particulate matters, carcinogens

**UNIT- 3:** Health hazards and their sources of exposure – Disorders of lungs, skin, ear and eyes, Permissible exposure limits

**UNIT- 4:** Industrial Hygiene and Health - Industrial hygiene principles, Role of Industrial hygienist and Toxicologist

#### Paper 3: Industrial Hazards and their management

8 Credits

UNIT- 1: Biological hazards, radioactive and non-radioactive hazards, waste management

**UNIT- 2:** Electrical Hazard – types, prevention, safe work practices

**UNIT- 3:** Fire Hazards and measures to prevent fire hazards

UNIT- 4: Effect of Vibration, Noise, Thermal environment, and Radiations

#### Paper 4: Accident prevention techniques

8 Credits

**UNIT- 1:** Principles of accidents prevention - Overview of Material Handling Systems & related Safety Procedures, Handling, Disposal and Recycling Practices of Hazardous Materials

UNIT- 2: Theories of Accident causation – factors, elements, and investigation of accidents

**UNIT- 3:** Safety of operations – Basics of machine safeguarding, types of hazardous mechanical motions and actions

**UNIT- 4:** Protective clothing, Personal Protective Equipment, First Aid

#### Paper 5: Safety Management Plan

**8 Credits** 

UNIT- 1: Importance of Industrial safety, Safety of environment, Basics of preventive techniques

UNIT- 2: Safe use of machines and tools - Safety Best Practices in Industrial Hygiene testing

UNIT- 3: Introduction to Electrical Safety, Industrial lighting

**UNIT- 4:** Plant design and housekeeping - Overview of Fire Protection, Requirements in a Plant, Summary of 5S Methodology, Introduction to Lean Principles

#### Paper 6: Industrial Safety Standards, Regulation and Laws

8 Credits

**UNIT- 1:** Legislation in Industrial safety: Laws and Regulations - Safety Requirements as per The Factory Act – Bureau of Industrial standards on Safety and Health, National Policy on Safety, Health and Environment at Workplace (NPSHEW)

**UNIT- 2:** Environmental Protection Act, Environmental Impact Assessment (EIA) Preservation of natural resources

**UNIT- 3:** Occupational safety, health and environmental management – OSH India, Process Safety Management (PSM) ISO 9001, 14001 and 45001 Standards

**UNIT- 4:** Safety Management – Role, responsibilities, structure and functions of Safety committee, Safety education and training, Economic Analysis of Safety and Hygiene, Safety audit

### **List of Reference Books:**

- 1) Industrial Hygiene Workbook, 6th Edition Jeff Burton
- 2) The Occupational Environment: Its evaluation, Control and Management, 3<sup>rd</sup> Edition
- 3) Fundamentals of Industrial Hygiene, 5th Edition Barbara. A. Plog, Petricia J. Quinlan
- 4) Safety Management Grimaldi and Simons
- 5) Fundamentals of Industrial Safety and Health Dr. K. U. Mistry
- 6) Industrial Hygiene and Chemical Safety M. H. Fulekar



# WHO SHOULD DO

Any Bachelor's Degree in arts / Commerce / Science/three years Diploma after XIIth std/ITI equivalent to three year degree program.



## **Eligibility**

 Any Bachelor's Degree in Science/three years Diploma after XII<sup>th</sup> std/ITI equivalent to three year degree program.

#### **Duration of the Course**

One Year (Part-time) Blended teaching

#### **Fee Structure**

- •Tution Fee Rs. 25,000.00
- •RFID Rs. 150.00
- Examination Fees Rs. 1000.00
- Application form Fees Rs 150.00

# Intake capacity

40 students

### **Faculty**

 Drawn from Industry and Academia, proficient in areas of safety, toxicology, Environment management, health and hygiene

# **Medium of Instruction**

English

#### Field Visit

Industries