

Hindi Vidya Prachar Samiti's

Ramniranjan Jhunjhunwala College

of Arts, Science & Commerce

(Autonomous College)

Affiliated to

UNIVERSITY OF MUMBAI

Syllabus for the F.Y.B.A

(CBCS)

2021-2022

Program: B.A PSYCHOLOGY

Paper I

Program Code: RJAUPSY

DISTRIBUTION OF TOPICS AND CREDITS

F.Y.B.A. PSYCHOLOGY SEMESTER I

Paper Name: Fundamentals of Psychology

Course Code	Nomenclature	Credits	Topics
RJAUPSY101	Fundamentals of Psychology - Part I	3	 The Science of Psychology The Biological Perspective Learning Memory

F.Y.B.A. PSYCHOLOGY SEMESTER II

Course Code	Nomenclature	Credits	Topics
RJAUPSY201	Fundamentals of Psychology - Part II	3	 Cognition: Thinking, Language, and Intelligence Motivation and Emotion Theories of Personality Statistics in Psychology

Course outcome and Learning Outcome

Paper I

FYBA	SEMESTER I & II			
PAPER I Name: Fundamentals of Psychology Paper Code: RJAUPSY101 & RJAUPSY201	Course Outcome 1. To impart knowledge of the basic concepts of and the modern trends in Psychology. 2. To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology. 3. To make the students aware of the applications of Psychological concepts in different areas of day to day life. Learning Outcome 1. Students will be able to acquaint themselves with the basic concepts and the broad scope of Psychology as a discipline. 2. Students will be able to understand how to analyze basic mental processes and behaviour with the application of the basic theories of Psychology.			

CIPMICS	ered i	L	CR
SEMESTER I			
Paper I Fundamentals of Psychology – Part I	Paper Code: RJAUPSY101		03
Unit I: The Scien	ce of Psychology	15	
1. The History of Psychology			
2. Modern Perspectives and Professiona	als in Psychology		
3. Scientific Research in Psychology			
4. Ethics of Psychological Research			
5. Applying Psychology – using Critical	Thinking		
Unit II: The Biolo	ogical Perspective	15	
1. Neurons & Nerves – Building the Network			
2. An Overview of the Nervous System			
3. The Endocrine Glands			
4. Looking Inside the Living Brain			
5. The Structures of the Brain			
6. Classic Studies in Psychology			
7. Applying Psychology to Everyday Life			

Unit III: Learning	15	
1. Definition of Learning		
2. Classical Conditioning and Operant Conditioning		
3. Cognitive Learning Theory		
4. Observational Learning		
Unit IV: Memory	15	
1. What is Memory?		
2. The Information Processing Model: Three Memory Systems		
3. Retrieval of Long-Term Memory		
4. The Reconstructive Nature of Long-Term Memory Retrieval		
5. Forgetting		
6. Neuroscience of Memory		
7. Applying Psychology to Everyday Life		

Paper I Fundamentals of Psychology – Part II Unit I: Cognition: Thinking, Language, and Intelligence	15	03
Fundamentals of Psychology – Part II	15	03
Unit I: Cognition: Thinking, Language, and Intelligence	15	
1. How People Think		
2. Intelligence		1
3. Language		
4. Applying Psychology to Everyday Life		
Unit II: Motivation and Emotion	15	
1. Approaches to Understanding Motivation		
2. Hunger		
3. Emotion		
4. Culture and Emotions		
5. Applying Psychology to Everyday Life		
Unit III: Theories of Personality	15	
1. Psychodynamic Perspective; Psychoanalysis in the East		
2. The Behavioural and Social Cognitive Perspective		1
3. Humanism and Personality		-

4. Trait Theories		
5. Personality: Genetics and Culture		
6. Assessment of Personality		
7. Applying Psychology to Everyday Life		
Unit IV: Statistics in Psychology	15	
1. What are Statistics?		
2. Descriptive Statistics		
3. Inferential Statistics		

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Books:

Ciccarelli, S. K., White, J. N., & Mishra, G. (2018). Psychology. 5th Edition; Indian Adaptation. Pearson India Education Services Pvt. ltd.

Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon

Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateways to Mind and Behaviour. (11th ed.) Wadsworth/Thomson Learning Publications, New Delhi; first Indian reprint 2007

Feist, G.J, & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publications

Feldman, R.S. (2013). Psychology and your life. (2nd ed.). New York: McGraw Hill publications

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Journal Articles:

American Psychological Association. (2017). Ethical principles of psychologists and code of conduct (2002, amended effective June 1, 2010, and January 1, 2017). http://www.apa.org/ethics/code/index.html

Atkinson, R. C., & Diffrin, R. M. (1968). Human memory: A proposed system and its control processes. Psychology of Learning and Motivation, 89–195. https://doi.org/10.1016/s0079-7421(08)60422-3

Baddeley, A. (2012). Working memory: Theories, models, and controversies. Annual Review of Psychology, 63(1), 1–29. https://doi.org/10.1146/annurev-psych-120710-100422

Bandura, A. (2008). Observational learning. The International Encyclopedia of Communication. https://doi.org/10.1002/9781405186407.wbieco004

Chance, P. (1999). Thorndike's puzzle boxes and the origins of the experimental analysis of behavior. Journal of the Experimental Analysis of Behavior, 72(3), 433–440. https://doi.org/10.1901/jeab.1999.72-433

Craik, F. I. M., & Dockhart, R. S. (1972). Levels of processing: A framework for memory research. Journal of Verbal Learning and Verbal Behavior, 11(6), 671–684. https://doi.org/10.1016/s0022-5371(72)80001-x

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McCrae, R. R., & Dersonality trait structure as a human universal. American Psychologist, 52(5), 509–516. https://doi.org/10.1037/0003-066x.52.5.509

O'Driscoll, K., & Driscoll, K., & Samp; Leach, J. P. (1998). "No longer gage": An iron bar through the head. BMJ, 317(7174), 1673–1674. https://doi.org/10.1136/bmj.317.7174.1673a

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